



Lovable Locals

THE REIKI SHARE PROJECT

JANE VAN DE VELDE AND LISA JOY WOLKOW CO-FOUNDERS OF THE REIKI SHARE PROJECT™

Co-founders, Jane Van De Velde, DNP, RN and Lisa Joy Wolkow met in January 2009 through a mutual colleague. With a perfect blend of professional skill sets – Jane as a Reiki Master Teacher & Practitioner with a background in professional nursing and Lisa as a Reiki Master with a background in nonprofit management – they founded The Reiki Share Project, a 501(c)(3) non-profit organization, in May 2009. Both Jane and Lisa personally experience the healing benefits of Reiki in their daily lives. Their vision is to share the gift of Reiki with others who are faced with the day-to-day challenges that accompany serious illness, disability or trauma.

Reiki is a holistic practice that supports healing and balance in body, mind and spirit. The benefits of Reiki include relaxation, stress reduction, mental clarity and an enhanced sense of well-being. Through their partnerships with other organizations and community groups, The Reiki Share Project is able to offer introductory Reiki classes to individuals, caregivers and professional caregivers at minimal cost. The organization recently taught its first class at Wellness House in Hinsdale to a group of people whose lives are affected by cancer and its treatment.

As the practice of Reiki becomes more mainstream, Reiki servic-

es are being integrated into traditional healthcare. The Reiki Share Project addresses a growing need for complementary, holistic practices that support a healthy and balanced lifestyle. Only 9 months into their development, Jane and Lisa have witnessed a great demand for their classes and community outreach programs.

To meet this demand, The Reiki Share Project is seeking funding for their programs through donations and grants. To learn more about their organization, call (630) 516-0330 or visit www.thereikishareproject.org.

-Megan Baumgartner

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